



# **EXECUTIVE SUMMARY**





# **Washington State's Foundational Community Supports Programs**

## **SUPPORTIVE HOUSING**

August 5, 2020

The number of newly Enrolled participants entering the Foundational Community Supports program has decreased in recent months. This is likely due to COVID-19 related challenges. The Health Care Authority has strongly encouraged shifting from in-person services to virtual telehealth services by providers, including assessments, which was allowed under the waiver prior to the pandemic.

Enrollment in the Foundational Community Supports Program has continued to grow over time and is now nearly evenly split between those enrolled to receive Supported Employment services and those enrolled to receive Supportive Housing services.

- As of May 2020, 7,022 persons were enrolled in the Foundational Community Supports (FCS) program. 35% (2,440) were enrolled to receive Supported Employment (SE) services only, 46% (3,253) were enrolled to receive Supportive Housing (SH) services only, and 19% (1,329) were jointly enrolled to receive Supported Employment and Supportive Housing services.
- Over the most recent six-month period, total enrollment has increased an average of 4% per-month.
- During the first-year of the program, about one-third of enrollees were enrolled to receive Supportive Housing services. This was in part due to the lag in available Supportive Housing providers. Over the course of CY 2019, Supportive Housing enrollment has caught up, and now 61% of all enrollees are enrolled to receive Supportive Housing or Supported Employment and Supportive Housing services.

FCS enrollees are authorized to receive services for a six-month period. If more time or services are needed, FCS providers may submit an Exception to Rule (ETR) for additional time or services. We observe at least one extension for nearly half of all enrollees.

• As of May 2020, Supported Employment enrollees have an average of 8.4 months of enrollment with 54% having been granted at least one six-month extension. Supportive Housing enrollees have an average of 7.9 months of enrollment with 50% having been granted at least one six-month extension.

FCS Enrollees have a higher use of mental health and substance use disorder services than the general Medicaid population.

- Based on most recently available data (March 2020), 95%/94% of Medicaid-Only Supported Employment/Supportive Housing enrollees had a need for mental health (MH) services within the last 24-months, and 61%/77% had need for substance use disorder (SUD) services. 58%/73% had co-occurring MH/SUD needs.
- While the FCS program does not provide MH or SUD services, it is worth noting the 86%/79% of Medicaid-Only Supported
  Employment/Supportive Housing enrollees needing MH services received a MH service within the last 12-months compared to
  49% of all Medicaid adults (18-64) in CY 2018, and 58%/56% of enrollees needing SUD services received a SUD services
  compared to 35% of all Medicaid adults (18-64) in CY 2018.

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**ELIGIBILITY NOTES** 









# Washington State's Foundational Community Supports Program SUPPORTIVE HOUSING

August 5, 2020

This report provides a month-by-month look at Medicaid clients enrolled in the Foundational Community Supports (FCS) Supportive Housing program, which began (along with the FCS Supported Employment program) in January 2018.

Note: This report describes the enrolled population for a given month and is not intended to be used for evaluation purposes.

**Eligibility for Supportive Housing.** Medicaid clients age 18 years or older who: 1) have a mental health or substance use treatment need, 2) are receiving long-term services, or 3) have a complex physical health need and/or physical impairment AND meet one of the following criteria at the time of referral:

- Chronically homeless, as defined by the U.S. Housing and Urban Development.
- Had more than one contact with, or a stay longer than 90 days in, a correctional facility, inpatient treatment setting, hospital, skilled nursing facility, or other institutional setting in the past 12 months.
- Have a history of frequent or lengthy adult residential care facility stays.
- Had three or more different in-home caregiver providers in the last 12 months.
- Have a PRISM Risk Score of 1.5 or above.

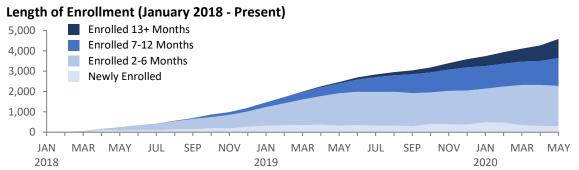
#### FCS SUPPORTIVE HOUSING ENROLLMENT SUMMARY

#### **Length of Enrollment (Previous 12 Months)**

Pr	evious	Enrolled in Month	Newly Enrolled <sup>1</sup>		Enrolled for 2-6 Months <sup>2</sup>		Enrolled for 7-12 Months <sup>2</sup>		Enrolled for 13+ Months <sup>2</sup>		Avg. Months Enrolled <sup>2</sup>
12	Months	CLIENTS	CLIENTS	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER
	JUN	2,696	347	13%	1,636	61%	605	22%	108	4%	5.0
	JUL	2,832	330	12%	1,650	58%	729	26%	123	4%	5.3
	AUG	2,954	327	11%	1,656	56%	814	28%	157	5%	5.5
	SEP	3,038	286	9%	1,640	54%	923	30%	189	6%	5.9
	ОСТ	3,180	411	13%	1,540	48%	981	31%	248	8%	6.0
	NOV	3,391	393	12%	1,643	48%	1,041	31%	314	9%	6.2
	DEC	3,588	383	11%	1,663	46%	1,144	32%	398	11%	6.5
202	O JAN	3,736	491	13%	1,650	44%	1,110	30%	485	13%	6.6
	FEB	3,934	470	12%	1,776	45%	1,120	28%	568	14%	6.7
	MAR	4,110	350	9%	1,975	48%	1,142	28%	643	16%	7.0
	APR	4,266	306	7%	2,020	47%	1,173	27%	767	18%	7.4
	MAY	4,582	298	7%	1,977	43%	1,378	30%	929	20%	7.9

<sup>&</sup>lt;sup>1</sup>Only includes clients enrolled in Supportive Housing for the very first time.

<sup>&</sup>lt;sup>2</sup>Results are based on the total number of months over the life of the client (and are not necessarily consecutive).



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# In May 2020...

- 4,582 clients were enrolled in Supportive Housing.
- 298 of these clients were enrolled for the first time in Supportive Housing.





#### Supportive Housing Enrollment Notes.

- Enrollees are authorized for the program in six month segments. If more time or services are needed, FCS providers may submit an Exception to Rule (ETR) for additional time or services.
- Enrollment in the month does not necessarily indicate that any services were received by the enrollee in that month.

#### **Monthly Enrollment Churn**

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	Previous	Enrolled in Month	Newly Enrolled <sup>1</sup>		Enrollment Maintained <sup>2</sup>		Enrollment Dropped			Er	ırollmen	it Drop	ped
1	2 Months	CLIENTS	NUMBER	PERCENT <sup>3</sup>	NUMBER	PERCENT <sup>3</sup>	NUMBER	PERCENT <sup>4</sup>	6,000 7	Er	rollmen	it Main	tained
	JUN	2,696	347	13%	2,349	87%	163	7%	F 000	Ne	ewly Enr	olled	
J	JUL	2,832	330	12%	2,502	88%	238	9%	5,000 -				
AUG SEP		2,954	327	11%	2,627	89%	256	9%	4,000 -				
		3,038	286	9%	2,752	91%	266	9%	4,000				
	OCT	3,180	411	13%	2,769	87%	325	11%	3,000 -				
	NOV	3,391	393	12%	2,998	88%	285	9%					
	DEC	3,588	383	11%	3,205	89%	308	9%	2,000 -				
2	020 JAN	3,736	491	13%	3,245	87%	464	13%	1 000				
	FEB	3,934	470	12%	3,464	88%	pending	-	1,000 -				
	MAR	4,110	350	9%	3,760	91%	pending	-	0 1	111111			
	APR	4,266	306	7%	3,960	93%	pending	-	JAN	JUL	JAN	JUL	JAN
	MAY	4,582	298	7%	4,284	93%	pending	-	2018		2019		2020

<sup>&</sup>lt;sup>1</sup>Only includes clients enrolled in Supportive Housing for the very first time.

## **Enrollment History of Clients No Longer Enrolled**

Previous 12 Months		No Longer Enrolled <sup>5</sup>	Enrolled for 1		Mor	for 6-12 nths <sup>6</sup>	Enrolled Mor	Avg. Months Enrolled <sup>6</sup>	
12 [	Vionths	CLIENTS	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER
	JUN	651	233	36%	397	61%	21	3%	6.3
	JUL	807	274	34%	495	61%	38	5%	6.5
	AUG	963	306	32%	602	63%	55	6%	6.7
	SEP	1,133	350	31%	709	63%	74	7%	6.8
	ОСТ	1,331	397	30%	848	64%	86	6%	6.8
	NOV	1,511	441	29%	962	64%	108	7%	6.9
	DEC	1,725	503	29%	1,083	63%	139	8%	7.0
202	0 JAN	2,087	644	31%	1,269	61%	174	8%	7.0
	FEB	2,347	707	30%	1,419	60%	221	9%	7.1
	MAR	2,576	750	29%	1,565	61%	261	10%	7.2
	APR	2,825	811	29%	1,704	60%	310	11%	7.4
	MAY	2,928	867	30%	1,736	59%	325	11%	7.3

<sup>&</sup>lt;sup>5</sup>Cumulative count of clients who are no longer enrolled in Supported Employment as of the most recent enrollment month. Clients will be removed from this table entirely if they return to the program after a 1+ month gap.





<sup>&</sup>lt;sup>2</sup>Includes clients who continue enrollment from the previous month, as well as clients who return after a 1+ month gap in enrollment.

<sup>&</sup>lt;sup>3</sup>Denominator is the current month's Enrollee Total.

<sup>&</sup>lt;sup>4</sup>Denominator is the previous month's Enrollee Total.

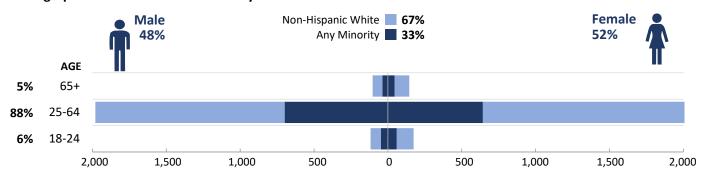
<sup>&</sup>lt;sup>6</sup>Results are based on the total number of months over the life of the client (and are not necessarily consecutive).

# NOTES

#### **Demographic Notes.**

• "Any Minority" includes enrollees whose race/ethnicity is not recorded as "white"/"non-hispanic" (including when missing or not provided).

## **Demographics of Clients Enrolled in May 2020**



#### **SUPPORTIVE HOUSING - CARE ASSESSMENT**



#### **CARE Assessment Notes.**

• Comprehensive Assessment Reporting Evaluation (CARE) is the tool used by case managers to document a client's functional ability, determine eligibility for long-term care services, evaluate what and how much assistance a client will receive, and develop a plan of care.

#### **CARE Assessment Detail**

Note: month to month changes are due to client enrollment mix, not program impact.

Pi	revious	Enrolled in Month		tal Disability ment in Last onths	Aging CARE Assessment in Last 15 Months		
12	Months	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	
	JUN	2,696	18	1%	642	24%	
	JUL	2,832	20	1%	688	24%	
	AUG	2,954	23	1%	710	24%	
	SEP	3,038	26	1%	733	24%	
	ОСТ	3,180	28	1%	765	24%	
	NOV	3,391	27	1%	793	23%	
	DEC	3,588	28	1%	814	23%	
202	20 JAN	3,736	30	1%	825	22%	
	FEB	3,934	29	1%	840	21%	
	MAR	4,110	30	1%	850	21%	
	APR	4,266	30	1%	888	21%	
	MAY	4,582	32	1%	931	20%	





#### For those enrolled in May 2020...

- Enrollees' Medicaid eligibility is predominately obtained through either the ACA expansion adult (Non-Presumptive) program (31%) or the Categorically Needy Blind/Disabled program (34%).
- 16% of the Supportive Housing enrollees are dually eligible for Medicaid and Medicare.

#### **Medicaid Eligibility Categories**

Pr	evious	Enrolled in Month	,	/Disabled d-Only & Eligibles)	Only & I	Medicaid- Full Dual bles)	CN Family Medical & Pregnant Woman		ACA Expansion Adults (Non- Presumptive)		ACA Expansion Adults (SSI Presumptive)		CN Children <sup>1</sup>	
12	Months	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
	JUN	2,696	1,038	39%	162	6%	272	10%	818	30%	390	14%	16	1%
	JUL	2,832	1,106	39%	176	6%	274	10%	845	30%	409	14%	22	1%
	AUG	2,954	1,148	39%	193	7%	290	10%	864	29%	435	15%	24	1%
	SEP	3,038	1,209	40%	182	6%	303	10%	892	29%	429	14%	23	1%
	ОСТ	3,180	1,257	40%	203	6%	313	10%	913	29%	475	15%	19	1%
	NOV	3,391	1,286	38%	225	7%	343	10%	993	29%	523	15%	21	1%
	DEC	3,588	1,344	37%	231	6%	389	11%	1,064	30%	542	15%	18	1%
202	20 JAN	3,736	1,347	36%	233	6%	422	11%	1,124	30%	588	16%	22	1%
	FEB	3,934	1,413	36%	241	6%	442	11%	1,206	31%	603	15%	29	1%
	MAR	4,110	1,469	36%	225	5%	473	12%	1,283	31%	625	15%	35	1%
	APR	4,266	1,474	35%	241	6%	504	12%	1,363	32%	644	15%	40	1%
	MAY	4,582	1,562	34%	248	5%	559	12%	1,432	31%	739	16%	42	1%

<sup>&</sup>lt;sup>1</sup>Includes coverage of Foster Care clients between the age of 18-26.

#### Other Housing Assistance Program Eligibility

Note: month to month changes are due to client enrollment mix, not program impact.

		Enrolled in and Essential Needs		Housing and Urban Development (HUD) Chronic Homelessness Criteria							
Pı	revious	Month	and Essential Needs (HEN)		Total HUD Chronic Homelessness		HUD Chronic Homelessness: Lengthy		HUD Chronic Homelessness: Frequent		
12	Months	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	
	JUN	2,696	873	32%	642	24%	606	22%	67	2%	
	JUL	2,832	912	32%	693	24%	656	23%	71	3%	
	AUG	2,954	958	32%	710	24%	676	23%	74	3%	
	SEP	3,038	990	33%	737	24%	708	23%	77	3%	
	ОСТ	3,180	1,057	33%	779	24%	740	23%	94	3%	
	NOV	3,391	1,158	34%	858	25%	819	24%	96	3%	
	DEC	3,588	1,237	34%	907	25%	864	24%	100	3%	
202	20 JAN	3,736	1,315	35%	941	25%	902	24%	98	3%	
	FEB	3,934	1,393	35%	995	25%	949	24%	107	3%	
	MAR	4,110	1,498	36%	1,082	26%	1,033	25%	109	3%	
	APR	4,266	1,558	37%	1,146	27%	1,091	26%	120	3%	
	MAY	4,582	1,702	37%	1,252	27%	1,192	26%	136	3%	

• HUD Chronic Homelessness Criteria. Criteria can be met in two ways. For the Lengthy criteria an enrollee is determined to be experiencing 12 continuous months of homelessness within the past year. For the Frequent criteria an enrollee is determined to have experienced 4 episodes of homelessness over the past 3 years, which equal 12+ total months spent homeless. The Lengthy and Frequent criteria are not mutually exclusive. Note that the results are a proxy for the HUD criteria based on ACES data, and not Homeless Management Information System (HMIS).

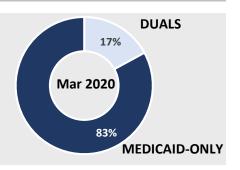
ACA = Affordable Care Act | CN = Categorically Needy | HEN = Housing and Essential Needs | HUD = Housing & Urban Development





#### Mental Health and Substance Use Disorder Notes.

- Mental Health (MH) and Substance Use Disorder (SUD) Treatment Need Indication and Service Use are based on Medicaid data only. Therefor, the MH and SUD results that follow are show only for enrollees eligible for Medicaid only.
- In March 2020, 83% of Supportive Housing enrollees were eligible for Medicaid only.
- MH and SUD source data is only shown through March 2020 when it is more complete.
- See the bottom of page SH6 for Mental Health and Substance Use Disorder references



#### MENTAL HEALTH

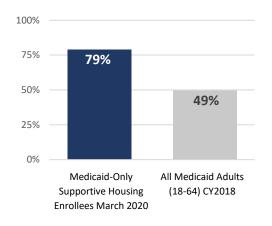
# Mental Health Treatment Need and Service Use Overlap Summary (for Medicaid-Only Enrollees)

Note: month to month changes are due to client enrollment mix, not program impact.

		N 4 = -1; - = ; -1		Ν	1ental He	alth	
Pi	revious	Medicaid- Only Enrollees	Treatment Need Indicated in Last 24 Months		Services R Last 12	Penetration Rate	
12	Months	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	PERCENT
	JUN	2,175	2,043	94%	1,668	77%	82%
	JUL	2,278	2,149	94%	1,757	77%	82%
	AUG	2,376	2,236	94%	1,826	77%	82%
	SEP	2,437	2,299	94%	1,873	77%	81%
	ОСТ	2,551	2,417	95%	1,969	77%	81%
	NOV	2,738	2,599	95%	2,102	77%	81%
	DEC	2,909	2,760	95%	2,181	75%	79%
202	20 JAN	3,056	2,901	95%	2,316	76%	80%
	FEB	3,237	3,060	95%	2,433	75%	80%
	MAR	3,409	3,214	94%	2,538	74%	79%
	APR	3,561	pending	-	pending	-	-
	MAY	3,852	pending	-	pending	-	-

#### **Mental Health Penetration Rate**

Medicaid-Only clients enrolled in the FCS Supportive Housing program are more likely to be receiveing Mental Health services than the state-wide adult Medicaid population.



#### SUBSTANCE USE DISORDER

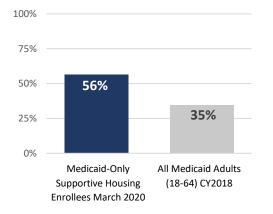
#### Substance Use Disorder Treatment Need and Service Use Overlap Summary (for Medicaid-Only Enrollees)

Note: month to month changes are due to client enrollment mix, not program impact.

		NA - di i d		Substa	ance Use	Disorder		
Pr	revious	Medicaid- Only Enrollees		nt Need in Last 24 nths	Services Received in Last 12 Months		Penetration Rate	
12	Months	TOTAL	NUMBER PERCEN		NUMBER	PERCENT	PERCENT	
	JUN	2,175	1,686	78%	987	45%	59%	
	JUL	2,278	1,770	78%	1,028	45%	58%	
	AUG	2,376	1,835	77%	1,030	43%	56%	
	SEP	2,437	1,879	77%	1,069	44%	57%	
	ОСТ	2,551	1,974	77%	1,092	43%	55%	
	NOV	2,738	2,128	78%	1,172	43%	55%	
	DEC	2,909	2,271	78%	1,249	43%	55%	
202	20 JAN	3,056	2,384	78%	1,347	44%	57%	
	FEB	3,237	2,509	78%	1,424	44%	57%	
	MAR	3,409	2,638	77%	1,486	44%	56%	
	APR	3,561	pending	-	pending	-	-	
	MAY	3,852	pending	-	pending	-	-	

#### **Substance Use Disorder Penetration Rate**

Medicaid-Only clients enrolled in the FCS Supportive Housing program are more likely to be receiveing SUD services than the state-wide adult Medicaid population.







#### Mental Health and Substance Use Disorder Notes.

- Mental Health (MH) and Substance Use Disorder (SUD) Treatment Need Indication and Service Use are based on Medicaid data only. Therefor, the MH and SUD results that follow are show only for enrollees eligible for Medicaid only.
- MH and SUD source data is only shown through March 2020 when it is more complete.

#### TREATMENT NEED

## Mental Health and Substance Use Disorder Treatment Need Overlap Detail (for Medicaid-Only Enrollees)

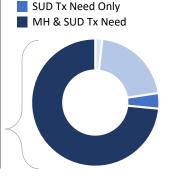
Note: month to month changes are due to client enrollment mix, not program impact.

Pr	evious	Medicaid- Only Enrollees	No MH Treatme Indicated Mor	nt Need in Last 24		ted in Last	SUD Treatr Only Indica 24 M	ted in Last		
12	Months	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
	JUN	2,175	44	2%	445	20%	88	4%	1,598	73%
	JUL	2,278	38	2%	470	21%	91	4%	1,679	74%
	AUG	2,376	42	2%	499	21%	98	4%	1,737	73%
	SEP	2,437	41	2%	517	21%	97	4%	1,782	73%
	ОСТ	2,551	39	2%	538	21%	95	4%	1,879	74%
	NOV	2,738	42	2%	568	21%	97	4%	2,031	74%
	DEC	2,909	46	2%	592	20%	103	4%	2,168	75%
202	O JAN	3,056	48	2%	624	20%	107	4%	2,277	75%
	FEB	3,237	54	2%	674	21%	123	4%	2,386	74%
	MAR	3,409	61	2%	710	21%	134	4%	2,504	73%
	APR	3,561	pending	-	pending	-	pending	-	pending	-
	MAY	3,852	pending	-	pending	-	pending	-	pending	-

 In March 2020, 73% of Medicaid-Only SH enrollees have indicated a co-occuring MH and SUD treatment need in the last 24 months.

No Tx Need

MH Tx Need Only



# **SERVICE USE**

# Mental Health and Substance Use Disorder Service Use Overlap Detail (for Medicaid-Only Enrollees)

Note: month to month changes are due to client enrollment mix, not program impact.

Previous 12 Months	Medicaid- Only Enrollees	Service Use	No MH or SUD ervice Use in Last 12 Months		MH Service Use Only in Last 12 Months		e Use Only ! Months	Both MH and SUD Service Use in Last 12 Months		
12 N	<b>Months</b>	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
$\Box$	JUN	2,175	331	15%	857	39%	176	8%	811	37%
	JUL	2,278	348	15%	902	40%	173	8%	855	38%
	AUG	2,376	375	16%	971	41%	175	7%	855	36%
	SEP	2,437	376	15%	992	41%	188	8%	881	36%
	0CT	2,551	391	15%	1,068	42%	191	7%	901	35%
	NOV	2,738	428	16%	1,138	42%	208	8%	964	35%
	DEC	2,909	502	17%	1,158	40%	226	8%	1,023	35%
202	0 JAN	3,056	499	16%	1,210	40%	241	8%	1,106	36%
	FEB	3,237	533	16%	1,280	40%	271	8%	1,153	36%
	MAR	3,409	577	17%	1,346	39%	294	9%	1,192	35%
	APR	3,561	pending	-	pending	-	pending	-	pending	-
	MAY	3,852	pending	-	pending	-	pending	-	pending	-

 In March 2020, 35% of Medicaid-Only SH enrollees have received both MH and SUD services in the last 12 months.





- Mental Health Treatment Need Flag. Indication based on any MH diagnosis, prescription or service recorded in administrative data.
- Mental Health Services. Received inpatient or outpatient mental health services in the past 12 months.
- Substance Use Disorder Treatment Need Flag. Indication based on at least one substance-related diagnosis, procedure, prescription, treatment or arrest.
- Substance Use Disorder Services. Received substance use disorder services (including inpatient, outpatient or opiate substitution) in the past 12 months.



REFERENCES

